

THE LAMB'S WORKSHOP HEALTH POLICIES

We realize that the health of all the children in our school is as important to parents as it is to us. With this in mind, a parent's first responsibility is to make certain his or her child is physically well enough to come to school. For the protection of *all* children, please remember that you should keep your child at home if he/she shows any of the following symptoms *within the last 24 hours*:

- a temperature
- diarrhea or vomiting
- a rash
- a thick nasal discharge
- ongoing cough

Parents should exercise every caution and keep their child home should other unusual symptoms occur.

If your child has contracted a contagious disease, he/she should be kept home and **HIS/HER CONDITION SHOULD BE REPORTED TO THE SCHOOL**. Chicken pox, conjunctivitis, fifth's disease, lice, measles, mumps, pinworms, scarlet fever, strep throat, viral infections, etc. are among those conditions categorized as "Highly Contagious." In the case of lice, the child must be found completely nit free.

A Special Note on Lice:

Periodically, the staff of The Lamb's Workshop check the children's heads for signs of lice. This is a precautionary measure due to the commonality of the problem amongst groups of young children. We also ask that parents check on a regular basis. It is important to let us know *immediately* if your child, and/or siblings has lice. The following are guidelines issued by medical personnel on spotting lice.

"Head lice can happen to anyone. It is not a sign of having poor health habits or being dirty. The most important factor to remember is that the problem should be treated quickly because delays will only help spread the infestation throughout your family and community. Listed below are instructions for recognizing a lice problem in your home.

Head lice is hard to see, but here are some signs to look for:

- A family member persistently scratching head or back of neck.
- White specks in the hair. Look for whitish eggs which can be mistaken for dandruff. Dandruff is easily removed from the hair or scalp; however, nits (eggs) are glued to the hair-shaft and are very difficult to remove.
- If lice infestation is confirmed, call or visit your health practitioner immediately. You will be prescribed the most effective treatment."

FOLLOW THE PROCEDURE COMPLETELY!